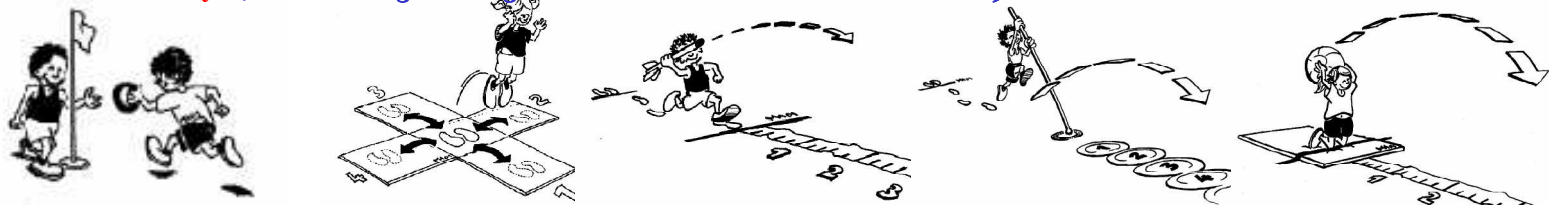




**International Association of Athletics Federations**



**An Initiative by: Bombay City District Amateur Athletic Association**





## KIDS' ATHLETICS

### IAAF Kids' Athletics

A new concept of Athletics that is uniquely tailored to the developmental needs of children

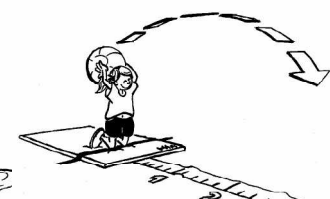
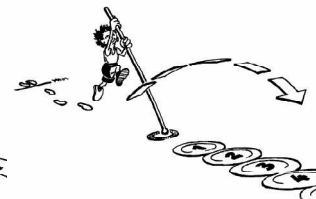
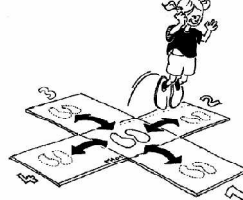
- it offers children **attractive** Athletics
- it offers children **accessible** Athletics
- it offers children **instructive** Athletics

**"IAAF KIDS' ATHLETICS"** is carried out in three-age groups:

Group I: kids of the ages of 7 and 8 years

Group II: kids of the ages of 9 to 11 years

Group III: kids of the ages of 12 to 15 years



### CONCEPT

"IAAF KIDS' ATHLETICS" is intended to bring excitement into playing Athletics. New events and innovative organisation will enable children to discover basic activities: sprinting, endurance running, jumping, throwing / putting in just about any place (stadium, playground, gymnasium, any available sport area, etc.).

The athletics games will provide children with the opportunity to make the most of the beneficial practice of Athletics, in terms of Health, Education, and Self fulfillment.

### Kids' Athletics emphasis on:

**Skills**  
**The balance**

**Coordination**  
**Courage**

**The Motion**  
**Pace judgment**



**International Association of Athletics Federations**



## **KIDS' ATHLETICS**

### **Cost**

**3 Training cum Competition sessions – Rs 1000/- per child**

**( each session is of 90 minutes duration ) – 3 Days**

### **Boys & Girls**

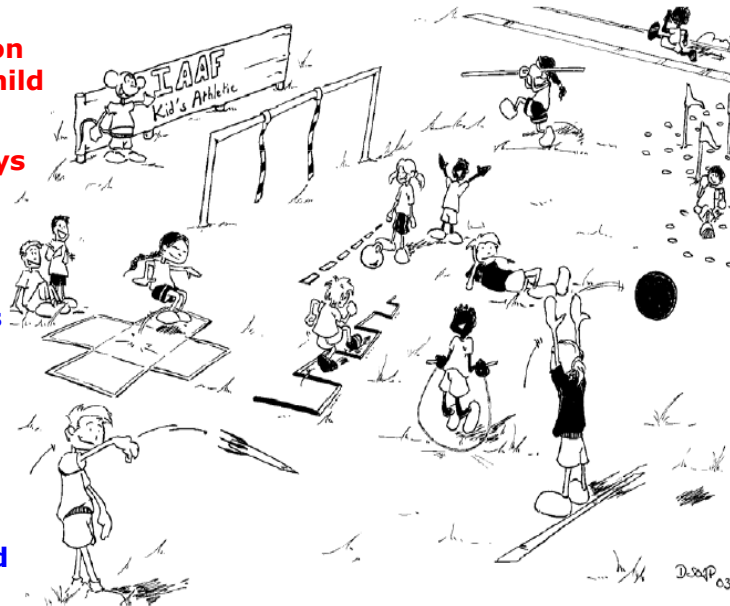
**Aged 7 years to 15 years**

**Children will be grouped as per their ages**

**Minimum 50 children  
Maximum 90 children**

**Each session will be handled by 3 experienced and qualified coaches along with 2 assistant coaches**

**Athletics helps the education and the development of all children.**



### **Equipment**

**Children should wear proper athletic clothing and footwear. They should bring their own water bottle.**

**All children attending the camp will receive a T-Shirt and a Diploma of Participation.**

### **Coaches Panel**

**Rachita Mistry Olympian  
Nagesh Shetty NIS Diploma  
Deepak Londhe NIS Diploma  
Homiya Mistry International**

**“Athletes First, Winning second”**

**Bombay City District  
Amateur Athletic Association**

Regd Office: Brabourne Stadium, North Stand,  
Veer Nariman Road, Mumbai 400 020

**Website : [www.kidsathletics.in](http://www.kidsathletics.in)**

**Contact : Homiyar Mistry (Director) 93222 90509  
Rachita Mistry (Cordinator) 93222 84530**

**Email : [webmaster@kidsathletics.in](mailto:webmaster@kidsathletics.in)**