

Bombay City District Amateur Athletic Association

Brabourne Stadium (North Stand)
Veer Nariman Road, Mumbai - 20.



Affiliated to
MAAA & AFI

Bombay City District Athletic Championship 2009

Venue:
Priyadarshini Park,
Napeansea Road

Duration:
29th & 30th May 2009

Last Date of ENTRY
27th May 2009

LIST OF EVENTS

Group 'A' Girls U-14 (04-09-1995)

1. 100M RUN
2. 600M RUN
3. HIGH JUMP
4. LONG JUMP
5. SHOT PUT (4 KG)
6. TRIATHLON

Group 'B' Girls U-16 (04-09-1993)

7. 100M RUN
8. 200M RUN
9. 400M RUN
10. 800M RUN
11. 1500M RUN
12. 3000M RUN
13. 100M HURDLES (76.2)
14. HIGH JUMP
15. LONG JUMP
16. SHOT PUT (4 KG)
17. DISCUS THROW (1 KG)
18. JAVELIN THROW (600G)
19. 3 KM WALK
20. PENTATHLON

Group 'C' Girls U-18 (04-09-1991)

21. 100M RUN
22. 200M RUN
23. 400M RUN
24. 800M RUN
25. 1500M RUN
26. 3000M RUN
27. 100M HURDLES (76.2)
28. 400M HURDLES (76.2)
29. HIGH JUMP
30. LONG JUMP
31. TRIPLE JUMP
32. POLE VAULT
33. SHOT PUT (4 KG)
34. DISCUS THROW (1 KG)
35. HAMMER THROW (4 KG)
36. JAVELIN THROW (600G)
37. 5 KM WALK
38. HEPTATHLON

Group 'D' Girls U-20 (04-09-1989)

39. 100M RUN
40. 200M RUN
41. 400M RUN
42. 800M RUN
43. 1500M RUN
44. 3000M RUN
45. 5000M RUN
46. 100M HURDLES (84.0)
47. 400M HURDLES (76.2)
48. HIGH JUMP
49. LONG JUMP
50. TRIPLE JUMP

51. POLE VAULT
52. SHOT PUT (4 KG)
53. DISCUS THROW (1 KG)
54. HAMMER THROW
55. JAVELIN THROW (600G)
56. 10 KM WALK
57. HEPTATHLON

Group 'E' WOMEN

58. 100M RUN
59. 200M RUN
60. 400M RUN
61. 800M RUN
62. 1500M RUN
63. 5000M RUN
64. 10000M RUN
65. 100M HURDLES (84.0)
66. 400M HURDLES (76.2)
67. 3000M STEEPLECHASE
68. HIGH JUMP
69. LONG JUMP
70. TRIPLE JUMP
71. POLE VAULT
72. SHOT PUT (4 KG)
73. DISCUS THROW (1 KG)
74. HAMMER THROW (4 KG)
75. JAVELIN THROW (600 G)
76. 10 KM WALK
77. HEPTATHLON

Group 'F' Boys U-14 (04-09-1995)

78. 100M RUN
79. 600M RUN
80. HIGH JUMP
81. LONG JUMP
82. SHOT PUT (4 KG)
83. TRIATHLON

Group 'G' Boys U-16 (04-09-1993)

84. 100M RUN
85. 200M RUN
86. 400M RUN
87. 800M RUN
88. 1500M RUN
89. 3000M RUN
90. 100M HURDLES (91.4)
91. HIGH JUMP
92. LONG JUMP
93. SHOT PUT (5 KG)

94. DISCUS THROW (1.5 KG)
 95. HAMMER THROW (5 KG)
 96. JAVELIN THROW (700 G)
 97. 5 KM WALK
 98. PENTATHLON

Group 'H' Boys U-18 (04-09-1991)

99. 100M RUN
 100. 200M RUN
 101. 400M RUN
 102. 800M RUN
 103. 1500M RUN
 104. 5000M RUN
 105. 110M HURDLES (91.4)
 106. 400M HURDLES (84.0)
 107. 2000M STEEPLECHASE
 108. HIGH JUMP
 109. LONG JUMP
 110. TRIPLE JUMP
 111. POLE VAULT
 112. SHOT PUT (5 KG)
 113. DISCUS THROW (1.5 KG)
 114. HAMMER THROW (5 KG)
 115. JAVELIN THROW (700 G)
 116. 10KM WALK
 117. OCTATHLON

Group 'T' Boys U-20 (04-09-1989)

118. 100M RUN
 119. 200M RUN
 120. 400M RUN
 121. 800M RUN
 122. 1500M RUN
 123. 5000M RUN
 124. 10000M RUN
 125. 110M HURDLES (99.0)
 126. 400M HURDLES (91.4)
 127. 3000M STEEPLECHASE
 128. HIGH JUMP
 129. LONG JUMP
 130. TRIPLE JUMP
 131. POLE VAULT
 132. SHOT PUT (6 KG)
 133. DISCUS THROW (1.75 KG)
 134. HAMMER THROW (6 KG)
 135. JAVELIN THROW (800 G)
 136. 10KM WALK
 137. DECATHLON

Group 'J' MEN

138. 100M RUN
 139. 200M RUN
 140. 400M RUN
 141. 800M RUN
 142. 1500M RUN
 143. 5000M RUN
 144. 10000M RUN
 145. 110M HURDLES (106.7)
 146. 400M HURDLES (91.4)
 147. 3000M STEEPLECHASE
 148. HIGH JUMP
 149. LONG JUMP
 150. TRIPLE JUMP
 151. POLE VAULT
 152. SHOT PUT (7.26 Gms)
 153. DISCUS THROW (2 KG)
 154. HAMMER THROW (7.26 Gms)
 155. JAVELIN THROW (800G)
 156. 20 KM WALK
 157. DECATHLON

ENTRY FEES
Rs. 10/- per EVENT

Age Particulars

Girls below 14 Years must be born on or after 4-9-1995
 Girls below 16 Years must be born on or after 4-9-1993
 Girls below 18 Years must be born on or after 4-9-1991
 Girls below 20 Years must be born on or after 4-9-1989
 Boys below 14 Years must be born on or after 4-9-1995
 Boys below 16 Years must be born on or after 4-9-1993
 Boys below 18 Years must be born on or after 4-9-1991
 Boys below 20 Years must be born on or after 4-9-1989

TRIATHLON

Day 1- 100M, LONG JUMP & SHOT PUT

PENTATHLON

Day 1-100M, LONG JUMP, SHOT PUT

Day 2-HIGH JUMP, 800M

HEPTATHLON

DAY 1- 100M HURDLES, HIGH JUMP, SHOT PUT, 200M

DAY 2- LONG JUMP, JAVELIN THROW & 800M

OCTATHLON

DAY-1 100M, LONG JUMP, SHOT PUT, 400M

DAY-2 110M HURDLES, HIGH JUMP, JAVELIN THROW & 800M

DECATHLON

DAY-1 100M, LONG JUMP, SHOT PUT, HIGH JUMP & 400M

DAY-2 110M HURDLES, DISCUS THROW, POLE VAULT, JAVELIN THROW & 1500M

RULES

1. Only competitors who are members of the BCDAAA and affiliate are eligible to compete.
2. **An athlete can enter in only two events.**
3. Competitors in junior age groups should not exceed the age limit mentioned in respective groups .
4. **Athletes taking part in the Junior age groups shall submit their PHOTO COPY of municipality date of birth certificate or their 10th & 12th STD passing certificate.** In absence of the certificate no entry will be accepted.
5. No Entry form will be accepted without Entry Fees.
6. No athlete will be allowed to compete without chest number pinned properly on the chest as well as on the back.
7. Protest, if any should be lodged within 15 minutes of the event being over, with the referee and should be accompanied by a protest fee of Rs. 500/- . If the protest is not upheld the fee will be forfeited.
8. Athletes will be allowed to participate in one age group only.

IMPORTANT INFORMATION

Senior State Meet at Pune Balewadi on 11-13 June 2009

Junior State Meet u/14 & u/16 at Pune Balewadi on 15-17 June 2009.

Junior State Meet u/18 & u/20 at Mumbai Kandivali on Last week of June 2009

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