

INDIAN ATHLETICS CALENDAR 2010

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| 1 | 23 rd – 25 th April 2010 | National Youth Athletics Championships (Selection trial for Youth Olympics) | Coimbatore |
| 2 | 1 st – 4 th May 2010 | National Senior Federation Cup | Ranchi |
| 3 | 15 th - 18 th May 2010 | National Open Athletics Championships | Cochin |
| 4 | 27 th - 29 th May 2010 | National Junior Federation Cup (Selection trial for Asian Junior Championships 1st to 4th July 2010 and World Junior Championship 19 to 25th July 2010) | Vizag (AP) |
| 5 | 31 st May 2010 | Indian Grand Prix | Chennai |
| 6 | 1 st June 2010 | Asian Grand Prix | Chennai |
| 7 | 4 th June 2010 | Indian Grand Prix | Bangalore |
| 8 | 5 th June 2010 | Asian Grand Prix | Bangalore |
| 9 | 8 th June 2010 | Indian Grand Prix | Pune |
| 10 | 9 th June 2010 | Asian Grand Prix | Pune |
| 11 | 29 th & 30 th July 2010 | Asian All Star Meet | New Delhi |
| 12 | 1 st - 3 rd August 2010 | East Zone | Ranchi |
| 13 | 5 th - 7 th August 2010 | North Zone | Ludhiana |
| 14 | 11 th -13 th August 2010 | West Zone | Ujjain, MP |
| 15 | 14 th -16 th August 2010 | South Zone | Chitradurga, |
| 16 | 3 rd - 5 th Sep. 2010 | National Inter Zonal Champ. | Vijaywada/Guntur |
| 17 | 10 th -13 th Sep. 2010 | National Inter State Senior Athletics Meet (Selection trial for CWG & Asian Games) | Hyderabad |
| 18 | 27 th - 30 th October 2010 | National Inter District Meet | Haridwar (Utt) |
| 19 | November 2010 | National Junior Athletics Champ. | Belagam,Karnataka |
| 20 | 30 th January 2011 | National Cross Country Championships | Jodhpur, Rajasthan |

SLOTS FOR OTHER COMPETITIONS

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| 1 | District Athletics Championships | 1 st -16 th July 2010 | |
| 2 | State Athletics Championships. | 16 th -30 th July 2010 | |
| 3 | Board Meets | 1 st Nov-15 th December 2010 | |

Note: The athletes selected for the Commonwealth Games & Asian Games will not be relieved for the board meets conducted before Asian Games.